**Families Rock! Enhancing Family Programming with Music**

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* What is music therapy and who are music therapists?
* Why is music effective and important?
* Music strategies to actively involve caregivers
  + Rhymes/songs that require physical touch
    - Criss Cross Applesauce
    - Itsy Bitsy Spider
    - Row Your Boat
    - Elevator Song
    - Willoughby Wallaby Woo - Raffi
  + Echo songs/books
    - Down By the Bay
    - I Know a Chicken – The Laurie Berkner Band
    - Big Fat Hen – Keith Baker
    - In the Tall, Tall Grass – Denise Fleming
  + Books with roles for caregivers
    - Pete the Cat: I Love My White Shoes – Eric Litwin
    - Froggy Gets Dressed – Jonathan London
  + Prop activities
    - Bean Bags
      * Please Pass the Peas – Miss Carole’s Macaroni Soup
      * Pass the Bean Bag – Tumble Tots
    - Parachute
      * Little Red Wagon
      * Rig a Jig Jig
      * My Red Balloon
      * How to Make Popcorn
    - Stretchy Band
      * Ring Around the Rosie
      * Sally Go Round the Sun
      * Stretch Back – The Learning Groove
* Music strategies to actively involve siblings
  + Zipper Songs
  + Mystery Tune
  + Find the Rhyme
* Closing Thoughts/Questions